

# Arrowtown School Year 5-8 Triathlon

## Wed 16<sup>th</sup> March at the Events Centre

### 10.00am - 12.00pm

Hi all,

Our school triathlon is coming up next Wednesday at the Events Centre in Frankton. Please indicate on the form below if your child needs to take the bus or meet there. The cost is \$4.00 per child for the bus.

**Your child can enter in a team or as an individual not both.**

The sections are;

Year 5 and 6 Individual – Swim -4 lengths – Bike 1km – Run 1km

Year 5 and 6 Teams - Swim 4 lengths – Bike 1 km – Run 1km

Year 7 and 8 Individual – Swim 6 lengths – Bike 1.5 km – Run 1.5km

Year 7 and 8 Teams - Swim 6 lengths – Bike 1.5 km – Run 1.5km

**Teams can be mixed or boys only/ girls only. Enter your names on the sheets on the sports shed door by this Friday.**

If your child is entering as an individual or as the biking team member they will need to organise for their bikes to be taken to the Events Centre in the morning and taken back after the event.

From this triathlon the first 6 individuals and first 3 teams in each event will represent Arrowtown School at the Central Otago Schools triathlon in Cromwell on March 30<sup>th</sup>

**Help Please.....** We need some help with the running of the event so please indicate below and return to me ASAP if you can help.

Thank you  
Paul Winders  
Sports Co-ordinator

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Circle one

Yes I can help with the triathlon

No I can't help

Name \_\_\_\_\_ Phone \_\_\_\_\_

My child \_\_\_\_\_ Room \_\_\_\_\_

Circle one

Needs to take the bus

Will meet there

**Please hand in to your class teacher.**